



1. [Association between alcohol consumption in healthy midlife and telomere length in older men. The Helsinki Businessmen Study](#)

Strandberg TE, Strandberg AY, Saijonmaa O, Tilvis RS, Pitkälä KH, Fyhrquist F. Eur J Epidemiol. 2012 Oct;27(10):815-22. doi: 10.1007/s10654-012-9728-0. Epub 2012 Aug 9. PMID: 22875407

2. [Shortened telomeres in individuals with abuse in alcohol consumption](#)

Pavanello S, Hoxha M, Dioni L, Bertazzi PA, Snenghi R, Nalesso A, Ferrara SD, Montisci M, Baccarelli A. Int J Cancer. 2011 Aug 15;129(4):983-92. doi: 10.1002/ijc.25999. Epub 2011 Apr 25. PMID: 21351086